### Watchdog Early Education Centre

# Social skills Group







## Social Skills Group





Date: 17 September 2022 - 10 December 2022

#### Introduction

Many children with developmental disabilities, such as Autism and Asperger Syndrome, are weak in the area of social skills. They may not be able to understand others' perspectives, act appropriately in different social contexts, understand non-verbal cues, and the like. This may make it difficult for them to make friends, and in some cases, to be accepted in some social settings. It is essential for us to support these children to learn how to appropriately communicate in interact with others in different social situations. This will not only help them making friends, but also increase their quality of life in a long run.

#### Our Goals & Objectives

The goals of this program are to target particular social behaviours and to teach your child to think socially. Through fun activities and user-friendly languages, children will learn social skills with their peers in a fun way. We will focus on teaching your child to act appropriately in different social situations, to understand the importance of being with other people, and to learn ways to communicate and interact with others appropriately.

Our objectives are divided in four main areas: (1) Learning in a group setting, (2) Communicating with others, (3) Playing games, and (4) Self-regulation. Under each area, we will focus on more specific goals that are decided to fit your child's individual needs. Below is a general outline:

Learning in a group setting	Communicating with others	Playing games	Self-regulation
<ul> <li>Greetings and self-introduction</li> <li>Sitting in a group</li> <li>Raising hand in class</li> <li>Following instructions and class routine</li> </ul>	<ul> <li>Requesting</li> <li>Eye contact</li> <li>Manners</li> <li>Showing appreciation</li> <li>Conversation skills</li> <li>Reading social cues and responding appropriately</li> </ul>	<ul> <li>Joining in</li> <li>Turn-taking</li> <li>Wait</li> <li>Problem-solving skills</li> <li>Handle winning and losing</li> </ul>	Waiting     Express positive and negative feelings appropriately

WE WILL BRING YOUR CHILD A HIGH QUALITY AND FUN SOCIAL SKILLS GROUP

#### About the Teacher: Jennifer Chan, B.A., BCaBA

Jennifer has been working with children who have Autism Spectrum Disorders (ASD) and their families for over 10 years. She is a Board Certified assistant Behavior Analyst (BCaBA). She loves teaching children and she is passionate about supporting children with special needs. Every child has the right to access to education that is effective and tailor-made to meet their individual needs.

She is a PEERS® certified provider, which is an evidence-based program developed by UCLA, and is experienced in conducting group classes that focus on problem solving skills, social skills, and emotional regulation.

#### Groups Information & Application

Age Group	age 4.5 to 10		
No. of Children	4 - 6 children in each group We will group the children with appropriate peers based on your child's profile. Then we may contact you to discuss a suitable group for your child upon receiving your application.		
No. of Sessions	12 sessions		
Time	Group 1 2:30pm to 3:30pm [1 hour] [ for age 4.5 to 7 ]		
Time	Group 2 3:45pm to 4:45pm [1 hour] [ for age 7 to 10 ]		
Dates [Saturday]	2022 September 17 / 24 October (Exclude 01) / 08 / 15 / 22 / 29 November 05 / 12 / 19 / 26 December 03 / 10		
Language	English		
Fees [ non-refundable ]	> \$480 x 12 sessions [1 hour per session] Total \$5,760		
Venue	Watchdog Early Education Centre, Borrett Road, Central, HK [Tel. 2521-7364]		
Deadline for Application	3 September 2022 / on-first-come-first-serve-basis		
Enquiries Please Contact	Mienne Leung, Human Resources cum Project Manager Jovy Lee, Senior Administrative Assistant		

#### Reply Slip for Social Skills Group

Date: 17 September 2022 - 10 December 2022

Group 1	2:30pm to 3:30pm [12 sessions] for age 4.5 to 7
Group 2	3:45pm to 4:45pm [12 sessions] for age 7 to 10

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Name of Child		_	_	
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Date of Birth		Sex	M / F	
, ,	[dd/mm/yyyy]	_		
Age		Nationality		
School Nam	е			
% Grade		Diagnosis		
Contact		Relations with		
Person	-	Child		
/ / /				
∕ Email		Mobile No.		
Address				
The child is	s studying under our prog	ramme [please circle the app	propriate one]	
EETC-HK C	entre / Self-finance Progr	amme / TSP / OPRS / Privat	e Programme	
<u> </u>	tations of this Programme			
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Signature		Date		
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- [1] Please note that No Refund and/or Make-up Session for your cancelled or unattended sessions for whatever reasons such as school activities, sickness, etc.
- [2] To confirm a place for your child, please kindly return the reply slip by email or by post to : <a href="mienne@watchdog.org.hk">mienne@watchdog.org.hk</a> or <a href="mienne@watchdog.org.hk">jovy@watchdog.org.hk</a>
- [3] We will contact you to pay the Programme Fee once your application for a place of the group has been confirmed.
- [4] Deadline for Application : 3 September 2022

Watchdog Early Education Centre, G/F, 12 Borrett Road, Central, HK. Tel.25217364